

HOME GROWN MOMMY

Garlic Salsa *from HomeGrownMommy.com*

Garlic Salsa is a wonderful way to get some raw garlic into your body when you aren't feeling the best – or when you're feeling great and want a fabulous and healthy treat!



Ingredients:

Lots	Tomatoes
2 to 3	Basil (fresh is better, dry works too)
Lots	Crushed Garlic
Splash	Lemon juice
Splash	Olive Oil
Dash	Cayenne pepper
Dash	Salt (to taste)

Directions:

1. Chop up all your veggies. You could add in some onion as well.
2. Mix it all together with the liquids and cayenne and salt.
3. Enjoy with chips or straight from the bowl!