

Honey Strawberry Yogurt Parfait

(amounts are estimates – make it the way you like!)

4 to 5 strawberries

1 cup granola

1 container vanilla yogurt

2 T honey (raw is best)

Get out your favorite bowl (make it for a group or for an individual).

Layer the ingredients in this order: yogurt, granola, strawberries.

Drizzle honey on top of the strawberries and then add another dollop of yogurt.

Yum!